



STEP 3



Take to the streets.

The day of a picket can be incredibly exciting. It can also be overwhelming, confusing and intimidating. Don't let that stop you. Some of these guidelines may not be applicable to the action that you are participating in, but it's better that you prepare for every scenario.

ALWAYS

- ✓ Tell a loved one where you're going and at what time.
- ✓ Bring lots of water.
- ✓ Prepare for any weather condition with items like a hat, sunscreen, a raincoat or gloves.
- ✓ Wear comfortable clothes.
- ✓ Occupy public space.
- ✓ Make your sign before you arrive at the starting point.
- ✓ Keep an eye on your surroundings.
- ✓ Fully charge your phone. Respect the privacy of other protesters by refraining from sharing close-up images.
- ✓ Listen to the marshals on site.
- ✓ Bring your loved ones with you, if you want to.

NEVER

- ✗ Bring any substances, including alcohol and cannabis products.
- ✗ Confront or antagonize police officers.
- ✗ Attend a protest with symptoms of contagious illnesses.
- ✗ Veer away from the group's official route.
- ✗ Put messages on signs that contradict what we stand for.
- ✗ Use inappropriate language in chants or signs.